

Your Guide to Woody Point
Compliments of "Woody Point of View"
www.woodypointofview.com

Welcome to Woody Point, a picturesque town nestled within Gros Morne National Park on Newfoundland's scenic west coast. Whether you're coming for the day or staying for a while, this local guide will help you make the most of your visit with practical tips, hidden gems, and cultural highlights.

Woody Point

This historic and quaint town was a thriving community when fishing for herring and lobster was the mainstay of life in Newfoundland. Now a small tourist town of about 250 people in winter, it's visited by 1000's in summer. It's now known for its picturesque main street, it's Heritage Theatre and as the location for the interpretation centre (Discovery Centre) for the Gros Morne National Park.

Getting Here By Car

If you are coming across on the ferry from North Sydney to Port aux Basque, flying into Deer Lake or driving across the island from the east, you will pass near or through the town of Deer Lake. This is the last stop for true grocery store shopping or drug store personal items. Woody Point has stores but items and choice are limited.

Take highway 430 to the small hamlet of Wiltondale. Turn left onto Highway 431 which is a winding road through the mountains, into the park and down toward the waters of Bonne Bay. The drive from Deer Lake area is about 45 min – 1 hour. You will lose cell service here near Wiltondale until you get into Bonne Bay.

If you are coming south from the Northern Peninsula, Rocky Harbour or Norris Point, turn right at Wiltondale onto the 431.

Watch for moose – if you have a passenger with you on your drive have them scanning roadsides for moose. They're fantastic to observe but you don't want to hit one!! There are MANY, MANY moose in this area.

Once you arrive in the communities of Bonne Bay, you will drive along the bay on the "Bonne Bay Road" until you reach Woody Point which is the final destination on that road – you cannot drive past Woody Point.

Getting Here By Water Shuttle

If you're coming to Woody Point from Rocky Harbour or Norris Point or any of the other locations on the Northern Peninsula, take the [BonTours](#) Breeze shuttle - it's the fastest and most convenient way to get to Woody Point from the north side of the bay. The fifteen minute boat ride across beautiful Bonne Bay from Norris Point saves a one-hour drive. In addition to saving time, the shuttle presents the opportunity for taking

magnificent photos of the Tablelands, Gros Morne mountain and the unique communities nestled along the shores of this spectacular bay.

- ⛴ The shuttle leaves Norris Point @ 9am, 12:30pm, 3:00pm and 5:00pm. No reservation required - just show up at the dock in Norris Point.
- ⛴ The regular return shuttle to Norris Point is @ 9:30am, 1:15pm, 3:30pm, and 5:30pm but we hope you're planning to stay for the Woody Point of View show and use our Show Shuttle to return!
- ⛴ The SHOW RETURN SHUTTLE will bring you back to Norris Point at 9:15pm. Reservation required - be sure to book your return shuttle when you book your [tickets](#).

Getting Around Woody Point When You Arrive by Shuttle

Woody Point is very 'walkable'. You will arrive at the town dock and have immediate access to shops and restaurants. If you'd like to visit the Tablelands, or the Discovery Centre, take a scenic drive to Trout River or visit one of our restaurants that are a little farther from the dock than you'd like to walk, book transportation through our local taxi or tour services:

Martin's Transportation: [\(709\) 453-2207](#)

Gros Morne Transportation: [\(709\) 385-7206](#)

Accommodations With Dining Options

[Bonne Bay Inn](#)

Where? Top of the hill on the way into Woody Point from Winter house Brook
In the [Elements Pub](#): tapas and light fare. In the [Blue Ocean Dining Room](#): the chef focuses on using local ingredients to create interesting meals. Reservation on weekends a good idea; great view of the whole bay from the dining room – ask for a window seat. Best to call first but they do take walk ins.

Call for reservations: (709) 453-2223

[Gros Morne Inn](#)

Where? 1 Old Trout River Road (entrance near Shoal Brook)
Dining Room: [Taste@Gros Morne Inn](#). Finer dining; chef onsite. Focus on using local ingredients; entrees \$36-\$56.
Call for reservations: 709-453-7226
No liquor license, yet so bring your own wine (available at Pike's in Bircy Head).

[The Rooms at Woody Point](#)

Where? 7 & 9 Parson's Lane, Woody Point (not far from the Heritage Theatre on the hill near the old church which is now a wellness centre).
Dining on the covered porch for guests only; serving breakfast and dinner
Reservations required: 709-638-0545

Seaside Suites

Where? Water Street "on the Point" across from the Public Wharf

(709) 453-2777

Ice Cream, sandwiches, chowder, 'pizza' flatbreads. Mostly take-out but has a few tables.

Waters' Edge

Where? On the shore in Shoal Brook

Camping for RV's, tents and some 'glamping' accommodation

Has a sandwich counter and baked goods; will pack a picnic for you. Some camping items for sale.

Accommodations Only

Middle Brook Cottages and Chalets

In Glenburnie – a community about 10 min drive from Woody Point

Victorian Properties

Where? Various accommodation options in Woody Point including efficiency units and full homes.

Call or text Jenny at 709-458-7381

Food Service Only

Galliot Studio

Where? Water Street "on the Point"

Find them on Facebook

Excellent specialty coffees, small tapas plate (cheese, meats). Awesome funky deck out back; set within a former fishing stage, it's now a craft store/potter's studio.

The Shed

Where? On the turn to Water Street "on the Point"

Find them on Facebook. Coffee, specialty drinks, breakfast, lunch. Not open in the evening.

The Back Room Café

Where? In the back of the 3 T's convenience store "on the Point"; just go into the store and continue to the back.

(709) 453-2208

Doesn't have a website.

Soups, "Newfoundland"/local style cooking; this is a little-known place where locals go, especially for lobster rolls.

The Old Loft

Where? Water Street: "On the Point"

709-453-2294

Doesn't have a website.

Upstairs: home cooking with lots of local seafood on the menu. Downstairs has a take-out for ice cream, toutens (local delicacy of fried bread dough – don't knock it 'till you've tried it), fast-

food items as well as baked goods.

Can be VERY busy in high season; does not take reservations – first come first served.

Retro Diner

Where? "On the Point" at the front of the Merchant Warehouse

Burgers, fries, milkshakes, sundaes

Cute 50's décor

Discovery Centre Café (Parks Canada)

Where? On the Road to Trout River

Light items and specialty coffee.

Seaside Restaurant

Where? Main Street in Trout River (15 min away)

12 noon to 9pm

709-451-3461

Specializing in seafood. Great place to watch the sunset; upper level has viewing deck; board walk along the sea; reservations recommended in high season.

Gas, Groceries, Alcohol, Firewood

At the time this guide was written, there is only one remaining gas station which is in Birchy Head (Pike's Service Station). We recently experienced a fire at our gas station in Woody Point and it may not be rebuilt as of the date of this article (Jan 2026). If you need to leave the community very early in the morning, best to gas up the night before and to make note of opening and closing times. There is no 24-hour gas station here.

There are a couple of small stores in Woody Point (3 T's and Clover Farm) where you can buy bread, milk, eggs, frozen items, snacks, etc., but there will be limited amount of fresh veg or fruit. If you plan to extend your stay, are staying in an AirBnB and plan to cook or if you have any particular dietary needs and want to buy food to consume during your stay it's best to ensure you do so in Deer Lake or other towns near there before coming to Woody Point.

You will find wine, beer and spirits at Pike's Service Station in Birchy Head (just as you enter the Bay and begin making your way to Woody Point). There is reasonable choice but if you have something you prefer that is a little niche or out of the norm, best to bring it with you. "Pete's One Stop"/Clover Farms "on the Point" has a selection of beer only.

Pike's also has firewood for sale. Please check local information about fire bans.

Outdoor Experiences

The Park Website provides all the information you need to plan your park visit in the natural environment. It is important to pay attention to WHERE events or attractions are located so you can plan your travel – some descriptions don't make it obvious that an attraction is around the other side of the bay (accessible by one-hour drive or by water taxi in high season).

The Park interpretation centre, the Discovery Centre is in Woody Point and focuses on the natural history of the area. This park is a UNESCO World Heritage site and is known for its unique geology. Multimedia presentations on the formation of the geological interest points are

available at the center and staff are happy to help you plan your experience of the park – they are very knowledgeable and helpful. The Discovery Centre is the gateway to hiking on this side of the bay. It has several trails that leave from the centre and has information on the other hikes in the park. There are also a number of businesses that provide tours and experiences.

- **Wild Gros Morne Tours** for experiences on the water, guided hiking and zodiac tours. They operate out of Waters Edge Campground in Shoal Brook. Kayak rentals and guided kayak tours are available here.
- **Hiking** here is amazing – there are the official National Park hikes and then some lesser-known hikes to enjoy. Trail maps are available at the Discovery Centre. The Parks Canada site lists all of the trails in the Park – follow this [link](#). Each trail is rated from easy to moderate to difficult. Look for the ones on the South which include Tablelands Trail, Green Gardens, Lookout and Trout River Pond. **The Tablelands** is not to be missed; can either be a 1 hour or less walk (return) into a brook or a scramble up the mountain – it's the most popular hike in the area. You can do the trail at your own pace for an easy 4km round trip, with a guide from the Discovery Centre if you'd like to learn more about this unique environment or for the more adventurous, you can hike back into Winter House Canyon or scramble up to the top.
- <https://www.facebook.com/GrosMorneNP/>

Lesser-known hikes or walks include:

- The community trail that runs across the hills of Woody Point from the Anglican Cemetery to the Arena on Lodge Lane. Enter from either side. The town has a map that suggests a route that includes this walk and a walk through town.
- A short scenic walk down the hill from the lookout at the bottom of the Trout River Road where it meets Route 431 – it's a viewing point where many people stop to take in the spectacular view, but there is also a trail that goes down the hill to the water – just look around the guard rail for the start of the trail.
- A walk down Shore Road to the 7 Corners Installation – a great viewing point of the Tablelands, right from downtown.
- In Trout River, there are two hikes – one on each side of the shore. If you face the water, there's a trail on the right that goes up a set of stairs (Eastern Point Trail) – just walk along the boardwalk to find the way up the stairs. They will take you up the hill and then follow the well-worn path to the edge of the cliffs for a view of the wide open Atlantic. The second trail goes up the hill on the other side of the shoreline – cross the bridge over Trout River, walk up the hill and follow the trail out to the electronic lighthouse for a view of the Atlantic and sea stacks.

Things to do on the North Side (“other side”) of the Bay

- **BonTours** is a good site for info on what's happening on the other side of the bay. They have two boat tours and a live music show.
- Western Brook Pond boat tour: book in advance as it's popular - it's run by BonTours. This is the iconic fjord that you see in most pictures of Gros Morne Park. You can take the water taxi across the bay (catch it on the public wharf on Water Street in Woody Point) but be sure to coordinate your return well and to arrange transportation to the tour site. Check with BonTours for shuttle or taxi options.

- Hiking the Gros Morne Mountain is also popular on that side of the bay. This is definitely a day long hike and is strenuous. There is also a good tour/outfitting company on the other side of the bay called [Gros Morne Adventures](#) for guided hikes or kayaking trips.

Art and Crafts

Lise Sorensen's Studio: a working studio where the artist has works for sale. Directly across from the Bonne Bay Inn on the side of the hill overlooking the water. By appointment or by chance; you may want to wander down and see if Lise is around and if not, leave her a note to call you when it's a good time to come back.

Christine Koch's Studio: print maker; you'll see her work around town in some of the businesses and she has a studio on what we call 'the back road' – same road that the Heritage Theatre is on – she usually has a sign out. You can also buy her work at The Loft.

Molly Made Fibre Art Studio: Molly is a fabric artist who has a craft shop where you can buy kits for rug hooking and quality pottery as well as other local and Newfoundland crafts. She is located in Curzon Village at the end of our town (go past the Heritage Theatre on Back Road) and she's on the right just past the intersection.

Seaside Suites: Books, Newfoundland crafts. Located on Water Street.

Discovery Centre – home of the Park on the Southside - has tourist items, athletic wear, jewelry, books on the area.

Galliot Studio: as well as having great coffee and baked treats, is a working studio for Jennifer, the owner, who does pottery, jewelry and offers a venue for other artists to display their work.

The Loft: on Water Street "on the Point" displays quilts for sale upstairs and downstairs has a collection of local crafts and jewelry.

Music/Entertainment

The community is home to an incredible number of talented musicians. They can be found in kitchens and back yards but also in the local public houses like the Merchant Warehouse and the local Legion. Don't be deterred by the Legion label – this is where locals go for well-priced beer, a game of pool and a chat. Sometimes there is live music – look for posters or by chance.

"Woody Point of View", a live music, story and imagery show that celebrates the history and culture of Newfoundland is hugely popular and draws tourists and local alike. It's on Thursday nights at the Merchant Warehouse at 8pm. Tickets on the show's website (www.woodypointofview.com) or at the Merchant Warehouse, downtown Woody Point.

Look for signs around town at these establishments for who's playing, where.

Writers at Woody Point Festival hosts a well-known literary festival in August but runs a summer concert series as well – check the website for upcoming shows:

<https://www.writersatwoodypoint.com/>

Children

The Woody Point Library on Water Street "on the point" has a collection of children's books, toys, games and puzzles as well as computers and internet connection. For summer hours and more info, find them on Facebook.

There is a playground at the school which is at the top of Lodge Lane and another in Trout River near Trout River Pond.

The Discovery Centre often has family and children focused activities.

Pets

Some accommodations allow pets (i.e. The Rooms) but please check their sites.

Pets are expected to be on leash in town; there is no dog park in town.

Some restaurants may permit pets on their deck (i.e. The Merchant).

What You Won't Find

Local menus have yet to fully adapt to gluten-free, vegetarian or vegan preferences but we do have some offerings, so please ask, rather than assume. Come prepared if you have dietary restrictions. Galliot Studios does provide gluten free snacks, and The Loft does have separate fryers for gluten free meals (you can ask for your fried fish gluten-free). The Shed and the Seaside Deli may have menu items to accommodate dietary needs but best to ask!

There is no drug store here. If you need prescriptions filled, please do so before arriving. If you're already here and realize you have run out, there is delivery from Shopper's Drug Mart in Deer Lake. Call them for details (709-635-5125). They deliver through Martin's Transportation which you may need to arrange on your own (709-453-2207).

Getting Around

A water taxi/shuttle info is above. Please factor return shuttle times into your plans so you're not 'stuck on the other side'!

Traveling to the North Side by Car: it's about an hour around to the other side of the bay by car. Go back the way you came into Woody Point until you come to Wiltondale and turn left.

The drive to Trout River provides an interesting view of the Tablelands and brings you out to the Atlantic Ocean. The sunsets here are fantastic (and so is the seafood at Seaside Restaurant - a 'must visit') – small boardwalk and look-out to climb. 15-20 minute drive one way.

Gros Morne Transportation provides airport pick up and will take you around the area for a tour.

(709) 385-7296
grosmornetransport@gmail.com

Martin's Transportation offers local taxi service and airport pick up.
(709) 453-2207

Local Terms

“On the Point”: means the section of land where most businesses are located in Woody Point. Technically it's comprised of Cox's Lane which leads down to the water and then Water Street which is parallel to the water and runs back up the hill on the other side by the Lighthouse (Blanchard's Lane).

“Curzon Village”: the area between ‘the point’ and the very end of the road – as far as you can drive along this side of the bay.

“Up the Bay”: means back the way you came – ending in the community of Glenburnie